**Carers short breaks survey questions**

**December 2023**

**Introduction**

People who support family and friends in Barnsley have told us that getting a break from this role is very important.

We want to know how we can improve our breaks offer to carers. We are looking for feedback from as many people as possible to help develop this offer.

Completing this survey should only take 5 mins of your time. If you care for more than one person you might want to complete a survey for each of the people you care for (to reflect the different caring roles you have).

Further information about how you can get the information, advice and support you need can be found at:

<https://www.barnsley.gov.uk/services/adult-social-care/information-for-carers/carer-support-groups-and-organisations/>

1. **How much care and support do you provide per week?**

* 0-10 hours per week
* 10-20 hours per week
* 20-30 hours per week
* More than 30 hours per week

1. **What best describes the main reason the person you care for requires support?**

* They have a mental heath condition
* They have Dementia
* They have a learning disability
* They have a physical disability
* They have one or more long term health conditions, e.g. coronary heart disease, diabetes, COPD, cancer, stroke
* Other (please specfiy)

Other (free text comment box)

1. **In your own words, what is important to allow you to get a break from your caring role?**
2. **When thinking about getting a break from your caring role, how important are the following (please tick the most appropriate box)**

***0 = Not at all, 1 = Mildly important, 2 = Medium important 3= Very important, 4 = Extremely important, 5= Critically Important***

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
|  | **0**  **(not at all)** | **1**  **Mildly** | **2**  **Medium** | **3**  **Very** | **4**  **Extremely** | **5**  **(critical)** |
| Knowing that the person I care for is safe |  |  |  |  |  |  |
| Helping the person I care for get out into the community |  |  |  |  |  |  |
| The length of the break I have |  |  |  |  |  |  |
| Having choice and control over what, where and when |  |  |  |  |  |  |
| The quality of care provided |  |  |  |  |  |  |
| The consistency of the offer and the care provided |  |  |  |  |  |  |
| Where support is provided. For example, at home, in a care home or in the community |  |  |  |  |  |  |

Please highlight any other factors which are important (free text comment box)

1. **Which types of support would be helpful to you and the person you care for?**

***0 = Not at all, 1 = Mildly important, 2 = Medium important 3= Very important, 4 = Extremely important, 5= Critically Important***

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
|  | **0**  **(not at all)** | **1**  **Mildly** | **2**  **Medium** | **3**  **Very** | **4**  **Extremely** | **5**  **(critical)** |
| A day opportunity provided somewhere the person you care for can meet with other people and take part in activities |  |  |  |  |  |  |
| Personal care, support and social interaction provided in the person's home e.g. sitting service |  |  |  |  |  |  |
| Overnight(s) stay in a care home |  |  |  |  |  |  |
| Access to activities where the person is taken into the community alone or with others |  |  |  |  |  |  |
| Social activities provided by volunteers or charities in your area |  |  |  |  |  |  |

Please highlight any other types of support which are important (free text comment box)

1. **Thinking about ease of access, what is most important to you? (**

***0 = Not at all, 1 = Mildly important, 2 = Medium important 3= Very important, 4 = Extremely important, 5= Critically Important )***

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
|  | **0**  **(not at all)** | **1**  **Mildly** | **2**  **Medium** | **3**  **Very** | **4**  **Extremely** | **5**  **(critical)** |
| I can access choices and book myself |  |  |  |  |  |  |
| I can book in advance with confidence |  |  |  |  |  |  |
| I have options to book at short notice / emergency |  |  |  |  |  |  |
| I can book over the phone or online |  |  |  |  |  |  |
| I can ask the council to book on my behalf |  |  |  |  |  |  |

Please highlight any other important issues relating to ease of access (free text)

**Thinking about how long you’d want a break, what is most important to you? (*Sliding scale of importance*)**

***0 = Not at all, 1 = Mildly important, 2 = Medium important 3= Very important, 4 = Extremely important, 5= Critically Important***

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
|  | **0**  **(not at all)** | **1**  **Mildly** | **2**  **Medium** | **3**  **Very** | **4**  **Extremely** | **5**  **(critical)** |
| Short breaks (a couple of hours) every week or fortnight. |  |  |  |  |  |  |
| Short breaks (a couple of hours) every month. |  |  |  |  |  |  |
| Longer (24 hour plus) breaks every few months |  |  |  |  |  |  |
| Longer (24 hour plus) breaks as and when needed |  |  |  |  |  |  |

Please highlight any other important issues relating to the duration of breaks (free Text)